

# QPR: QUESTION, PERSUADE, AND REFER

## GATEKEEPER TRAININGS FOR SUICIDE PREVENTION

QPR trains you on:

- Recognizing suicide warning signs
- Ways to initiate conversation
- Methods of providing help and hope

Who should do this training?

- Anyone in a position to recognize that someone may be contemplating suicide: parents, friends, teachers, and many others.

This **free** training is provided by the San Diego County Suicide Prevention Council & Community Health Improvement Partners.

Saturday,  
October 9

10:30 a.m. – 12 p.m.

Coronado Public Library Winn Room

Registration recommended.

Unreserved seats will be given out on a first come, first served basis.

Head to [cplevents.org](http://cplevents.org)  
or scan the code for  
more information and  
to reserve your seat.



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